

PHA CLUBHOUSE

Welcome to Progress House Clubhouse, serving those that are challenged with mental illness-- discovering and helping them develop life skills, build self-esteem, while becoming socially active.

Clubhouse Tours



PHA Staff with Pierce County District Court Team

This spring we had the pleasure of hosting the <u>Pierce County District</u> Court and <u>Pierce County Alliance</u> for a tour of our Clubhouse!

We look forward to exploring ways to partner with the Pierce County
District Court to support reentry and build community connections for those who are transitioning back into society.

Lee Kellogg from our Clubhouse International visited our clubhouse during his recent visit to Washington.

He enjoyed eating lunch with members and staff, checking out the facility and grounds, and laughing with new friends at PHA Clunhouse!

Check out Clubhouse International at https://clubhouse-intl.org/



PHA Staff and Members with Lee Kellogg

Member Spotlight

Featured Art by Joseph





Superheros



Patrice

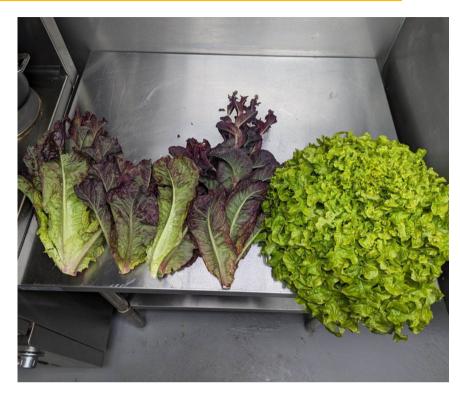
We extend our Congratulations to Patrice on recently graduating from high school through the Clover Park Technical College program.

After many years she decided to complete this program and receive her diploma. In addition, she completed the Goodwill Basic Digital Skills Training and is currently pursuing her Peer Counselors license.

We wish Patrice continued success in her future endeavors!

Gardening with PHA Clubhouse





Bell pepper Lettuce

Our community garden has finally come to harvest and what a wonderful addition to lunch it was!

We picked red lettuce and paired it with sliced tomato, pickles, turkey, mustard, and mayo all on some Oatnut bread-- such a filling sandwich. Crisp cucumbers and giant zucchini from this harvest, in addition to some tomatoes, made a beautiful vinegary salad.

Clubhouse member, Cardi, made sure to make quick work of these veggies, slicing and dicing like no one's business. Members, Kaitlyn and Herman, set up the table so everyone could get as much as they wanted.

The end result was both tasty and fulfilling-- all thanks to the hard work of Clubhouse members who took the love and care to plant, water and prune each plant as they grew.

Unfortunately, cultivating a garden isn't something that can be done overnight and, because it can't, something incredible happens.





Mint

PHA Activities



Nature walk at Dune Peninsula with members and staff



Bowling with members and staff

Please Contact Us
(253) 346 8436 (Text Available)
Phaclubhouse.com
Hours: Tuesday - Thursday
Address: 4420 Portland Ave E, Tacoma, WA