

PHA CLUBHOUSE TACOMA

TACKLING MENTAL HEALTH AS A COMMUNITY

Welcome to PHA Clubhouse, serving those that are challenged with mental illness-- discovering and helping them develop life skills, build self-esteem, while becoming socially active.

please visit our website at phaclubhouse.com

Events

PHA Collage

Member Spotlight



The PHA Clubhouse attended a Partners in Action event at the Star Center. It was an opportunity for people to meet other community partners and engage in meaningful conversations about important issues facing their community. The members of the PHA Clubhouse assembled the health and hygiene packages that were distributed. We are committed to promoting health and wellness within the community. Overall, the event was a great way to network and connect with like-minded individuals and organizations, and it was a proud moment for the PHA Clubhouse to showcase its mission and impact.





Clubhouse Activities



OPEN HOUSE EVENT

The PHA Clubhouse open house event on December 8th was a successful gathering that brought together the community, local businesses, and organizations. The event provided information on the Clubhouse's mission and services and offered opportunities for attendees to interact with staff and members to promote health and wellness in the area.



WEEKLY CLUBHOUSE TOURS

We hold weekly tours from 10am to 11am every Wednesday to provide a guided and informative experience for visitors. These tours offer a chance for individuals to explore the facilities, learn about the organization's mission and services, and ask any questions they may have

A GREAT PLACE TO BE, LEARN, AND GROW

VOLUNTEER SPOTLIGHT

Nate, a local musician, is an avid volunteer who was looking for a positive and supportive environment. He found what he was looking for in Clubhouse and enjoys the company and conversations there. Nate looks forward to gardening, attending social events, and possibly participating in future classes like a drum circle. We are grateful to have him on the team!

